



# The optimal solution for all common soft hydrophilic replacement system contact lenses

## Concept

The special tensides and dexpanthenol ingredients achieve an optimising cleaning and disinfecting action in the care of contact lenses and also an optimum wetting of their surfaces.

A multifunctional solution that cleans, disinfects, rinses and maintains as well as wetting, and all this is achieved in one product. The universal comfort solution "simply one" makes the contact lenses comfortable to wear both immediately and long-lastingly. The regeneration of the cornea is enhanced for contact lens wearers.

"simply one" is particularly recommended for all common soft hydrophilic replacement system contact lenses for planned replacement intervals from several days to three-month usage.

"simply one" is the result of intensive research carried out together with recognised contact lens specialists. The new solution is a synthesis of practical years of experience with contact lenses and their care, together with the tireless endeavour to make the care of the lenses as simple and efficient as possible for their wearers. This is achieved without compromising the safety and comfort of the eye and the lens system.

## **Eyes and Contact Lenses**

Eyes and contact lenses have been a controversial topic repeatedly discussed over many decades, where comfort and mobility for the wearer are up against the long and short term risks of contact lenses and their handling.

# **Considerations in the development**

From the findings of cell biology, we have newly defined the basic ingredients of a universal solution. We have developed a solution to the particular biochemical stress that can arise when using replacement system lenses 1, 2, that produces an environment compatible with the tissue between the tear film and the contact lens even under unfavourable conditions.

Why is the Contopharma Universal Comfort Solution "simply one" universal?

#### It cleans:

The cornea-neutral formulation contains extremely mild sugar derivatives which act as cleaning components, and these gently and sustainably remove proteins, mucins and fats that have been deposited on the lens by the tear film.

#### It disinfects:

Disinfecting preservatives that are free of heavy metals disinfect the lenses overnight from any contaminating microorganisms.

## It rinses and maintains:

The Contopharma Universal Comfort Solution "simply one" maintains the surface and matrix structure of the lens. Cleaning, disinfecting and wetting take place during rinsing and keeping in solution.

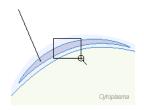
## It wets and regenerates:

A special combination of polymeric humectants enhances the stability of the tear film and improves wetting of the lens surface during wearing and keeping in solution. The continuous depositing of contaminants from the tear film can be avoided or the cleaning process can be made easier and this preserves the surface structure of the lens.

Various substrates sustainably support cell growth and regeneration, and this is particularly important in the case of reduced tear flow.

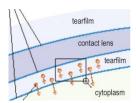
## Dexpanthenol

When dexpanthenol is used, a coating effect is achieved. The contact lens is enclosed by dexpanthenol, and through the water binding properties it creates optimal wetting by binding with the tear film.



#### **Dexpanthenol**

The dexpanthenol coating improves the wettability of the contact lens and the cornea. It prevents any mechanical rubbing between the contact lens and the cornea.



## **Our Investigations**

The "simply one" solution, which is based on an utterly innovative concept, has been tested in different biological systems in order to ensure a maximum degree of safety for the user. In cell cultures<sup>6</sup> various epithelial cell types, which react with great sensitivity to various chemicals, were tested with the new solution during short-term ("acute toxicity") and long-term exposures ("chronic toxicity").

At physiological temperatures, any toxicity in the cell culture from the "simply one" solution could be excluded.

In a model for corneal epithelial wound healing<sup>3,5</sup>, in which we had already previously found a series of contact lens care products to have a particularly adverse effect on the epithelium4, the "simply one" solution showed no impairment of the epithelial wound healing.

The effects of the "simply one" solution were tested on the physical properties of common soft hydrophilic contact lens types. The results of the measurements complied with the requirements of all relevant standards6.

Additionally two user studies were carried out for practical suitability on volunteers<sup>6</sup>. The multicentre, randomised trial complied with today's Gold Standard for clinical trials and demonstrated that the test solution achieved high acceptance level with the test participants.

#### **Further Information**

For lubrication we recommend CONTOPHARMA comfort solution. If the tear formation is low, the "drop&see" solution supports the cell function of the cornea by its balanced active ingredients. The optimised composition of the "lens&lid" solution the contact surfaces lens contamination during wearing.

#### **Summary**

Complementary to the basic improvements introduced by CONTOPHARMA's new comfort solutions, the "simply one" solution is geared to the special needs and requirements of replacement system contact lens wearers.

#### Confection

- 100 ml with lens case
- 250 ml with lens case
- 360 ml with lens case
- 3x250 ml with lens case
- 2x360 ml with lens case

## Literature

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- Lens Care Solutions on Corneal Epithelial Wound Healing; Kaohsing Journal of Medical Sciences, Vol. 14, No.01, 639-643,
- <sup>5</sup> C.P.Lin, M. Böhnke: Influences of Methylcellulose on Corneal Epithelial Wound Healing. Journal of Ocular Pharmacology and Therapeutics, Vol. 15, No. 1, 59-63, 1999 data on file: Contopharma AG